

UFCW 663 UNION HEALTHCARE COSTS

Updated 1/1/2026

Look below for your employer name and your coverage type to see your **WEEKLY** cost. You can see how much you pay weekly, compared to how much your employer pays weekly. Because you have a union contract, the employer must pay a certain portion of your healthcare costs.

UNFI Cub, Jerry's, Lunds & Byerlys, Kowalski's		How Much You Pay Weekly	How Much Your Employer Pays	Total Cost of Healthcare
	FT Single	\$16.53	\$148.73	\$165.26
FT Single + Spouse	\$33.88	\$304.91	\$338.79	
FT Single + Children	\$33.05	\$297.47	\$330.52	
FT Family	\$57.02	\$513.13	\$570.15	
MPT Single	\$16.53	\$148.73	\$165.26	
MPT Single + Spouse	\$190.06	\$148.73	\$338.79	
MPT Single + Children	\$181.79	\$148.73	\$330.52	
MPT Family	\$421.42	\$148.73	\$570.15	
Ancillary Benefits Only	\$0.75	\$6.70	\$7.45	
Lunds & Byerlys Fresh Kitchen		How Much You Pay Weekly	Employer	Total Weekly Contribution
	FT Single	\$16.53	\$148.73	\$165.26
FT Single + Spouse	\$33.88	\$304.91	\$338.79	
FT Single + Children	\$33.05	\$297.47	\$330.52	
FT Family	\$57.02	\$513.13	\$570.15	
Knowlan's Festival Foods		How Much You Pay Weekly	Employer	Total Weekly Contribution
	FT Single	\$40.00	\$125.26	\$165.26
FT Single + Spouse	\$40.00	\$298.79	\$338.79	
FT Single + Children	\$40.00	\$290.52	\$330.52	
FT Family	\$40.00	\$530.15	\$570.15	
MPT Single	\$20.00	\$145.26	\$165.26	
MPT Single + Spouse	\$193.53	\$145.26	\$338.79	
MPT Single + Children	\$185.26	\$145.26	\$330.52	
MPT Family	\$424.89	\$145.26	\$570.15	
Ancillary Benefits Only	\$1.75	\$5.70	\$7.45	
Almsted's		How Much You Pay Weekly	Employer	Total Weekly Contribution
	FT Single	\$11.53	\$153.73	\$165.26
FT Single + Spouse	\$28.88	\$309.91	\$338.79	
FT Single + Children	\$28.05	\$302.47	\$330.52	
FT Family	\$35.00	\$535.15	\$570.15	
MPT Single	\$11.53	\$153.73	\$165.26	
MPT Single + Spouse	\$185.06	\$153.73	\$338.79	
MPT Single + Children	\$176.79	\$153.73	\$330.52	
MPT Family	\$416.42	\$153.73	\$570.15	
Ancillary Benefits Only	\$0.75	\$6.70	\$7.45	

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Radermacher Cub, Haug Cub, Everett's, Oxendale's		How Much You Pay Weekly	<i>Employer</i>	<i>Total Weekly Contribution</i>
	FT Family	\$40.00	\$247.82	\$287.82
	MPT Single	\$20.00	\$148.84	\$168.84
	MPT Single + Children	\$138.98	\$148.84	\$287.82
	Ancillary Benefits Only	\$1.00	\$5.76	\$6.76
King's County Market Andover & St. Francis		How Much You Pay Weekly	<i>Employer</i>	<i>Total Weekly Contribution</i>
	FT Family	\$30.00	\$257.82	\$287.82
	MPT Single	\$15.00	\$153.84	\$168.84
	MPT Single + Children	\$133.98	\$153.84	\$287.82
	Ancillary Benefits Only <i>Only available for Andover. Not St. Francis.</i>	\$1.00	\$5.76	\$6.76
Miner's Super One		How Much You Pay Weekly	<i>Employer</i>	<i>Total Weekly Contribution</i>
	FT Family	\$20.00	\$286.37	\$306.37
	PT Single <i>excludes courtesy/carryout and Extra</i>	\$10.00	\$169.40	\$179.40
	PT Single + Children <i>excludes courtesy/carryout and Extra</i>	\$136.97	\$169.40	\$306.37
Swanson Meats	Rates as of 3/1/2026	How Much You Pay Weekly	<i>Monthly Employer Cost</i>	<i>Total Monthly Contribution</i>
	FT Family	\$25.00	\$1,279.59	\$1,387.92
	PT Single	\$10.00	\$804.92	\$848.25
	PT Single + Children	\$539.67/mo + \$10/wk	\$804.92	\$1,387.92